

United Arab Emirates

Young adults aged 18-34 in the UAE have an MHQ of 52 which puts them at a rank of 14 out of 84 countries. Older adults ranked at 31 compared to their global counterparts but with a higher MHQ score of 104.

Regular UPF consumption was higher in those 18-34 (53% for a rank of 41) than in those 55+ (14% for a rank of 71).

Those 18-24 ranked 55 for a younger age of smartphone in childhood (14.3 years) (or higher percentage of childhood on a smartphone).

Even though family closeness in the UAE was in the upper third for both age groups compared to their global counterparts, it was decreased in those 18-34 (65% for a rank of 22) in comparison to those 55+ (85% for a rank of 4).

Both age groups scored in the upper third for spirituality with a rank of 9 for those 18-34 and a rank of 18 for those 55+.

